

1 Timothy 4:6-10

Train yourself for godliness, because we have our hope set on the living God.

**Jesus Christ- the mystery long concealed
but now revealed- is the theological heart
of 1 & 2 Timothy**

1:15

2:5

3:16

Last week- 1 Timothy 4:1-5

False Asceticism

Gnostic Heresy

Danger of Legalism

Key Term- Godliness

Used 15 times in New Testament

13 times in 1-2 Timothy and Titus

The Foundation of training in Godliness [v. 6]

“the words of the faith and the good doctrine that you have followed.”

Titus 2:11–12 ESV

[11] For the grace of God has appeared, bringing salvation for all people, [12] training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age,

**The foundation of our training in godliness
is the grace of God in our lives—given by
Christ in the Scriptures!**

The Priority & Promise of training in godliness

[7-8]

Have nothing to do with...

Rather, train yourselves in godliness...

24 Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it.

1 Corinthians 9:24–27

25 Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable.

1 Corinthians 9:24–27

26 So I do not run aimlessly; I do not box as one beating the air.

1 Corinthians 9:24–27

27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

1 Corinthians 9:24–27

ESV

⁸ Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that day, and not only to me but also to all who have loved his appearing.

2 Timothy 4:8

ESV

The Hope of all our training in Godliness

[9-10]

“For to this end we toil and strive...”

27 To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory.

Colossians 1:27–29

28 Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ.

Colossians 1:27–29

29 For this I toil, struggling with all his energy that he powerfully works within me.

Colossians 1:27–29

ESV

Main Point:

We train ourselves for godliness, because we are assured Christ is at work in us, and among us, spreading the gospel for his glory.